



**Postoperative Instructions for Implant Placement
and Guided Bone Regeneration**

- Take your medications as directed (antibiotics, analgesics, anti-inflammatory medications, and the Peridex)
- Avoid smoking.
- Avoid sucking liquid through a straw
- Swelling, pain, and ecchymosis are expected at the surgical site
- Rest
- Place light pressure and ice on the surgical site. 15 minutes off, 15 minutes on. (Only for 24 hours period after surgery)
- In case of multi-implant placement, liquid diet for 2 days (Carnation Instant Breakfast®, Meritene® and Ensure® are recommended) then soft foods (the consistency of mashed potatoes or scrambled eggs) may be consumed following the second day and for at least 2 weeks (until the mucosal incision has closed completely).
- Do not wear any interim prosthesis for 2 weeks. After 2 weeks, the interim prosthesis can be worn but you should not eat with it or wear it overnight.
- Do not lift or pull on lip or cheek to look at sutures.
- Do not brush and floss near the surgical site for few days then very light brushing and flossing for 4 weeks before returning to routine brushing and flossing
- In case of immediate load, avoid mastication on the implant crown for 6-8 weeks
- Sutures should be removed in 2 weeks.

Notify us if:

1. Your medications do not relieve discomfort.
2. You have questions.

Dr. Shah's Emergency Line: 6189175805